

FREDERICK COUNTY 4-H Newsletter



September 2022



Photo Credit: Jeff Taylor/The Winchester Star

Greetings from the 4-H Office

Dear 4-H Members and Friends,

We hope you had a great summer and are ready for the start of a new 4-H year! I would like to introduce myself, my name is Spring Vasey, and I have recently joined VCE Frederick County, as the new 4-H Extension Agent. I am writing to formally introduce myself and take this opportunity to express how excited I am to be joining the Virginia 4-H community at this point.

We are excited about all the upcoming 4-H events. As the year goes along, we look forward to working with you. If there is anything we can do or any event your young people would be interested in, please do not hesitate to let us know! We can't wait to see you this 4-H year!

Sincerely,



Spring Vasey
Associate Extension Agent, 4-H Development



Mark Your Calendar

September

8-10 - State Championship Horse and Pony Show

9/23-10/2 - Virginia State Fair

10 - Registration for 2022 R.L. Harris Jr. Memorial Shotgun Championship DUE

24 - 2022 R.L. Harris Jr. Memorial Shotgun Championship

Held at: Brushy Mountain Gun Club

30 - National 4-H Week Poster Contest - Posters DUE

30 - 4-H Window Display Contest - DUE

October

2-8 - National 4-H Week

5-16 - Tractor Supply Co. Paper Clover Campaign

7 - VA 4-H Youth in Action Awards - Applications DUE

3- All Star Applications DUE

November

13 - 4-H Achievement Banquet

28 - Holiday Parade 4:30PM

December

TBD - Beef Weigh in

2022 R.L. Harris Memorial 4-H Shotgun Championship



The 2022 R.L. Harris Jr. Memorial 4-H Shotgun Championship will be held at the Brushy Mountain Gun Club on September 24. Please see the attachments for detailed information and the registration document. **The registration deadline is September 10.**

Please keep in mind that this event is used as a fundraising activity to support our Shotgun Development Team in their effort to attend the National 4-H Shooting Sports Championship match. I am sure you are aware of the rising costs of medals, trophies, clay targets, etc. We have made a slight increase in the registration fee to compensate for the increased costs of running the Championship.

[2022 Flyer R.L. Harris Jr. Memorial Shotgun Championship](#)

[Shotgun Championship Match Program](#)

[2022 VA 4H Shotgun Championship Registration](#)

[Sponsorship Form](#)

[2022 Match Bulletin Shotgun Championship](#)

Shirt Order Form - **DUE SEPTEMBER 10**

All Star Nominations - DUE Oct.3



Achieving status as an All Star is the highest honor that a 4-H member or volunteer can receive. The All Star's goal is to continue to contribute to positive youth development through "service" to the 4-H program of which they are a part. The 4-H program becomes the springboard from which an All Star jumps to other areas of service to people throughout his/her lifetime. The 4-H All Star organization strives for a cooperative effort with the 4-H program in all areas.

In order to be eligible as a member, you must be at least 15 years old by

January 1, 2023, an active member, and have completed at least three years of 4-H membership. If you are an older member you must be no older than 19 as of January 1, 2023.

[2022 All Star Nomination Letter](#)

[Virginia 4-H All Star Application Guide](#)

[Virginia All Star Nomination Form](#)

[Adult Honorary All Star Nomination Form](#)

National 4-H Week - Oct. 2-8

Opportunity4All



Poster Contest

You can submit a poster as an individual or as a club entry. All posters will be judged in their age categories; Junior 9-11, Intermediate 12-13, Senior 14 -19. The posters will be displayed at Tractor Supply during National 4-H Week. Posters are due to the Frederick County Extension Office on Friday, September 30th.

4-H Window Display

Your club finds the location and then designs a window display that lets people see what your club has done throughout the year or it can promote the entire program. The display should be completed by September 30th. A \$50 prize will be awarded for the first place window. Please contact the Extension Office if your club plans to participate.

Tractor Supply Co. Paper Clover



Frederick County 4-H has the opportunity to promote 4-H at 2 Tractor Supply Co. stores.

Please use this sign-up sheet or call the office to save the date and time for your club.

[Tractor Supply Google Signup Sheet](#)

Virginia Youth in Action Awards



Share Your Story

2023 Virginia 4-H Youth in Action Awards
Program Guidelines

Nomination Deadline: October 7, 2022

[2023 Virginia Youth in Action Guidelines.PDF](#)

[Online Nomination Form](#)

The State 4-H Office is once again pleased to announce this exciting award opportunity for 4-H'ers across Virginia. The nomination process is now open for our Class of 2023 Youth in Action winners.

This year's process is similar to last year in that the youth themselves may apply directly for the award. However, they are still required to obtain a letter of reference from their Extension Agent (or the VCE professional responsible for 4-H in their Unit). We hope that this will increase participation in the program, while still ensuring that youth interact with their Extension Office.

Youth may recommend themselves for consideration in one of the pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. One pillar winner will be chosen from each area, as well as an overall state winner from the four pillar winners. Any 4-H member in Virginia ages 15-18 is eligible to be nominated.

Each of the four winners will receive:

- A \$500 mini-grant to their Unit to develop a significant community project.
- Recognition at An Evening with Virginia 4-H on January 19, 2023.
- A full scholarship to attend Virginia 4-H State Congress in Summer 2023, in Blacksburg, VA.
- An opportunity to be featured as the Virginia 4-H Youth Spokesperson for their pillar area.
- An opportunity to represent Virginia 4-H at the national summit for their pillar area.

-Support and mentorship to apply for the 2024 National 4-H Youth in Action Awards.
-An official reference letter from the Virginia State 4-H Program Leader, Jeremy C. Johnson.

4-H Camp Date 2023



June 25-29, 2023

Frederick & Page 4-H Camp

Fall Fest

NORTHERN SHENANDOAH VALLEY
MASTER GARDENER ASSOCIATION

Fall Fest

When: October 1, 2022

Where: Richard's Fruit Market
6410 Middle Road
Middletown, VA

For Kids:

- Leaf ID & Printing
- Make S'mores

Past Demos & Craft Workshops:

- Tool Sharpening
- Flower Pressing
- Pumpkin Carving
- Cooking with Apples
- Propagating woody shrubs
- Dividing perennials

Sponsored by Virginia Cooperative Extension with support from the Northern Shenandoah Valley Master Gardener Association, this educational event includes talks from Master Gardeners, as well as music, demos, crafts, and giveaways. Everything, including parking, is free to the public and open to all ages.

<http://nsvmga.org/events/fallfest/>

Hay Bale Decorating Contest

THE VIRGINIA FARM BUREAU FOUNDATION WOMEN'S
LEADERSHIP COMMITTEE



Contest Display Categories:

- Best promotional display for agriculture business or commodity
- Best promotional display for community spirit
- Most creative
- Best agricultural theme
- Best agribusiness, FFA, 4-H , or School Display

Competitors can use rounds bales or square bales and other agricultural items to create animals, structures, shapes, and farmscapes

Deadline is November 1

Winners will receive a cash award

[Application for Hay Bale Decorating Contest](#)

Club News

Attention Clubs:

If you would like to share information with Frederick County 4-H families, please send in club reports, club news, events, spotlights, awards or recognition, county events, etc.

Please email information to smvasey@vt.edu by the end of the month for the information to be added to the following month's newsletter.

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4-H Frederick County

Our Mailing Address:
107 North Kent Street
Winchester, VA 22601

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If you are a person with a disability and desire assistance or accommodation, please notify Frederick County Extension Office at 540-665-5699 during business hours of 8 a.m. and 5 p.m.

*TDD number is (800) 828-1120

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