

FREDERICK COUNTY 4-H Newsletter



October 2022



Picture Of The Month

Greetings from the 4-H Office

Dear 4-H Members and Friends,

Happy National 4-H Week! This week is all about you and what you have done in 4-H. We are so proud of all your accomplishments and would love to share your pictures! If you post pictures on Facebook please tag @FrederickVA4H and use these hashtags, #National4HWeek #VA4H. We can't wait to see your pictures!

The 4-H online enrollment is open for this year. Please enroll at <https://v2.4honline.com/>

If you have any questions about enrollment please reach out to the office at 540-665-5699

Thank you to everyone that turned in record books, project books, posters, and participated in the window display. Everyone did a fantastic job! Coming up this fall we have the Food Art Contest, Officer Training / Ice Cream Social, 4-H Achievement Banquet, and much more!

Sincerely,



Spring Vasey
Associate Extension Agent, 4-H Development

Mark Your Calendar

October

2-8 - National 4-H Week
5 -16 - Tractor Supply Co. Paper Clover Campaign
7 - VA 4-H Youth in Action Awards - Applications DUE
21 - DUE Food Art Contest Pictures email to jfost@vt.edu
27 - RSVP DUE for Officer Training / Ice Cream Social
31 - Newsletter Content DUE to Spring Vasey smvasey@vt.edu

November

1- Hay Bale Decorating Contest DUE
3 - Officer Training / Ice Cream Social 6:30 PM - Horizon Farm Credit
13 - 4-H Achievement Banquet - RSVP to jfost@vt.edu
15 - Leaders Association and County Council Meeting
18 - DUE Food Art Contest Pictures email to jfost@vt.edu
28 - Holiday Parade 7 PM [Link to website for more information](#)
TBD 4-H Camp Counselor and CIT Training Applications Open
29 - Newsletter Content DUE to Spring Vasey smvasey@vt.edu

December

3 - Steer Weigh and Tagging 8-11 A.M - Farmers Livestock Exchange
16 - DUE Food Art Contest Pictures email to jfost@vt.edu
31- Newsletter Content DUE to Spring Vasey smvasey@vt.edu

January

20 - DUE Food Art Contest Pictures email to jfost@vt.edu
17 - Leaders Association / County Council Meeting 6:30 PM
TBD 4-H Camp Counselor and CIT applications are due
31- Newsletter Content DUE to Spring Vasey smvasey@vt.edu

February

10-11 - Block and Bridle Horse Show
17 - Presentation Contest / Fashion Revue 6:30 PM
17 - DUE Food Art Contest Pictures email to jfost@vt.edu
25-26 - Teen and Adult Leader Training (TALT)
24-25 - Block and Bridle Youth Livestock Weekend
28- Newsletter Content DUE to Spring Vasey smvasey@vt.edu

March

4 - State 4-H and FFA Meats Evaluation Contest
16 - 4-H Talent Showcase (Share the Fun) Rehearsal 6:30 PM
17- 4-H Talent Showcase Contest (Share the Fun) 6:30 PM
31- Newsletter Content DUE to Spring Vasey smvasey@vt.edu

April

TBD EquiSmartz Contest
18 - Leader Association and County Council Meeting 6:30 PM
14-19 National 4-H Conference
TBD - Healthy Living Summit
28 - Newsletter Content DUE to Spring Vasey smvasey@vt.edu

May

1- 4-H Horse Declarations Online
13- Bike-A-Thon
TBD District Horse Show
20- Clarke & Frederick Beef Show
26- Summer Newsletter Content DUE to Spring Vasey smvasey@vt.edu

June

25-29 Frederick/Page 4-H Summer Camp

4-H Online Enrollment is OPEN!



The 4-H Online 2.0 system (v2.4honline.com) is open for enrollment. Below are some tip sheets for those who are re-enrolling and those members/volunteers that are new.

NOTE: To all new and current volunteers, make sure you are enrolling as the right volunteer type, below are the volunteer descriptions sheet and volunteer levels sheet.

New Volunteers – You will be contacted to set up an interview with Spring Vasey, make sure you have three references listed along with an email and a background screening as a new volunteer.

Everyone must enroll who are participating in a club, plan to show and compete with animals, or compete at county, district, or state events!!!

If you have any issues or questions please contact the office at 540-665-5699. If you have questions about volunteering and which volunteer type you should choose please contact the office before enrolling.

[How to Enroll New Youth in 4-H Online 2.0](#)

[How to Enroll a New Volunteer in 4-H Online 2.0](#)

[Family Re-Enrollment Tip Sheet](#)

[Volunteer Levels and Descriptions](#)

[Virginia 4-H Project Descriptions -2021](#)

[Frederick County 4-H Brochure](#)

National 4-H Week - Oct. 2-8

Theme: Opportunity4All



**Tractor Supply Co. Paper
Clover**



IT'S PAPER CLOVER TIME!

October 5-16 2022

Funds support 4-H camp and leadership activities.



Virginia Youth in Action Awards



Share Your Story

2023 Virginia 4-H Youth in Action Awards
Program Guidelines

Nomination Deadline: October 7, 2022

[2023 Virginia Youth in Action Guidelines.PDF](#)

[Online Nomination Form](#)

The State 4-H Office is once again pleased to announce this exciting award opportunity for 4-H'ers across Virginia. The nomination process is now open for our Class of 2023 Youth in Action winners.

This year's process is similar to last year in that the youth themselves may apply directly for the award. However, they are still required to obtain a letter of reference from their Extension Agent (or the VCE professional responsible for 4-H in their Unit). We hope that this will increase participation in the program, while still

ensuring that youth interact with their Extension Office.

Youth may recommend themselves for consideration in one of the pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. One pillar winner will be chosen from each area, as well as an overall state winner from the four pillar winners. Any 4-H member in Virginia ages 15-18 is eligible to be nominated.

Each of the four winners will receive:

- A \$500 mini-grant to their Unit to develop a significant community project.
- Recognition at An Evening with Virginia 4-H on January 19, 2023.
- A full scholarship to attend Virginia 4-H State Congress in Summer 2023, in Blacksburg, VA.
- An opportunity to be featured as the Virginia 4-H Youth Spokesperson for their pillar area.
- An opportunity to represent Virginia 4-H at the national summit for their pillar area.
- Support and mentorship to apply for the 2024 National 4-H Youth in Action Awards.
- An official reference letter from the Virginia State 4-H Program Leader, Jeremy C. Johnson.

Officer Training - Sign up! Ice Cream Social

Inviting All 4-H Officers:

*Join us for an Ice
Cream Social 4-H
Officer Training*

RSVP by Oct. 27



**Frederick County 4-H
Officer Training**

November 3, 2022 @ 6:30 PM

Horizon Farm Credit

Congratulations to the 2022-2023 4-H club officers! We are so proud of you! The 2022 Frederick County 4-H Officer Training will be November 3 at 6:30 PM. This training will take place at the Horizon Farm Credit in their Conference Room, 125 Prosperity Dr. #100, Winchester, VA 22602.

This Officer Training will be an **Ice Cream Social**, so please attend with a big appetite for sweets! If there are any allergies, that we need to be aware

of please email smvasey@vt.edu. If you are planning to attend, RSVP using this google form <https://forms.gle/KPXCuxECWHn915nc6> or call the extension office 540-665-5699

This training will help each 4-H member excel in their officer role and empower them to be better leaders. All elected officers for the 2022-2023 4-H year should plan to be in attendance. We are looking forward to meeting all the new officers and eating ice cream!

[CLICK HERE to sign up for the Officer Training](#)

4-H Achievement Banquet 2022

November 13, 2:00 PM



Hay Bale Decorating Contest

THE VIRGINIA FARM BUREAU FOUNDATION WOMEN'S
LEADERSHIP COMMITTEE



Contest Display Categories:

- Best promotional display for agriculture business or commodity
- Best promotional display for community spirit
- Most creative
- Best agricultural theme
- Best agribusiness, FFA, 4-H , or School Display

Competitors can use rounds bales or square bales and other agricultural items to create animals, structures, shapes, and farmscapes

Deadline is November 1

Winners will receive a cash award

[Application for Hay Bale Decorating Contest](#)

Join Junior Master Gardener Home School Program!

Junior Master Gardener Home School Program

Do your kids want to learn about horticulture, gardening and vegetables, soil and bugs, and so much more? They should join the Northern Shenandoah Valley Junior Master Gardener Home School Program!

As a Junior Master Gardener (Jr MG) in Winchester, children are student gardeners during the class that normally runs from March through June. Then they'll get to plant at our vegetable garden. Jr MGs will garden and nurture the plants throughout the summer. All of the produce is picked and donated to the C-CAP program in Winchester.

Interested in the program? Call the VCE-Frederick Extension Office at 540-665-5699 or email jfost@vt.edu

Club News

Golden Horseshoe

Submitted by Ethan Ferris, Club Reporter

4H members Marleigh DeHaven, Natalie Ash, and Regan Caplin showed their horses at the State 4-H Horse Show Championships. We are very proud of the many success our members had. Their accomplishments are:

Regan Caplin - Ranch: Jr. Ground Handling 3rd, Classics for Ground Handling Reserve Champion, Jr. Ranch Riding 1st, Jr. Ranch Reining 1st, Jr. Ranch Horsemanship 1st, Jr. Ranch Trail 1st, Classics for Ranch Horsemanship 3rd, Won High Point Ranch, Jr. Western Showmanship 3rd, Western trail 2nd, Working, Western 2nd, Pleasure (1st go) 1st, Pleasure (2nd go) 2nd, Western Horsemanship 1st, Classics Horsemanship Grand Champion, Classics Western Pleasure Reserve Champion, High Point Jr. Western, Overall Highpoint Western.

Marleigh DeHaven - Jr. Western Showmanship 1st, Jr. Western Showmanship

Classics Grand Champion, Western Pleasure (1st go) 6th, Western Pleasure (2nd go)- 5th, Horsemanship 5th, Horsemanship Classics 4th, Working Western 3rd, Jr. Trail Class 4th, Jr. Project Book State Champion, Blue Ribbon in Stall Management, placed top 10 in Hippology and Horse Judging.

Natalie Ash - 2nd in Barrels, 2nd in Stakes, 3rd in Poles, 5th in Barrels, 6th in Poles, 9th in stakes. Natalie and her horse, Jolene, also took Overall Reserve Champion. Marleigh's parents, Chris and Brittany DeHaven, received the State 4-H Horse Program Nail Award. This is given to those recognized as outstanding volunteers at the State Horse Show each year. The club certainly appreciates all of their hard work!

Members, Emily Boswell, Danica Caplan, and Alexis Brown also traveled down to support, volunteer, and participate in the educational contests, each placing in the top 10.

Club Leader, Rose McDonald, spent endless hours coordinating a silent auction and raffle to benefit the Virginia State Horse Program. All of her efforts, along with countless volunteers, helped raise \$12,772.00 this year. Thank you to Rose, and to everyone who helped her, for making this a success.



Soaring Arrows

Submitted by Ethan Ferris, Club Reporter

Our September meeting was exciting! We inducted out newly elected officers, our new extension agent, Spring Vasey, visited, and we held an "open house," for potential new members. We'd like to introduce this year's new officers- Ian Byrd, president, Andrew Conover, vice president, Emma Lloyd, secretary, Katelynne Dickerson, treasurer, and Ethan Ferris, sergeant at arms and reporter. Congratulations to each of our officers on their new position; we know they'll do a great job this year!

Spring Vasey introduced herself, explained her role as an extension agent, and learned about stream health; we appreciate her taking the time to attend our meeting and we want to welcome her as our new extension agent.

For our "open house," potential new members were able to see what a business meeting entails and what our activities are like. This month, Club Leader, Amy Ulland, did a presentation on Creek Critters since she is a certified stream monitor for Loudon County. Afterwards, everybody went through different stations led by Emma Lloyd, Ian Byrd, and Ethan Ferris to learn more about stream health and the macrobenthic insects living in our streams.

On September 21, Ian Byrd, Emma Lloyd, and Ethan Ferris set up our window display at the Bank of Clarke County on Route 50. Our chosen theme was, "Helping Hands, Happy Hearts," so we added a lots of photos depicting our community service activities, brightly colored hearts, and 4-H clovers to help our display stand out. Thank you to the Bank of Clarke County for once again allowing us to use their space.

Emma Lloyd and Ethan Ferris participated in the National 4-H Poster Contest with the general theme of promoting 4-H as a whole. They hope their posters may persuade somebody to give 4-H a try when viewed at Tractor Supply during Clover Days.

Attention Clubs:

If you would like to share information with Frederick County 4-H families, please send in club reports, club news, events, spotlights, awards or recognition, county events, etc.

Please email information to smvasey@vt.edu by the end of the month for the information to be added to the following month's newsletter.

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4-H Frederick County

Our Mailing Address:
107 North Kent Street
Winchester, VA 22601

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If you are a person with a disability and desire assistance or accommodation, please notify Frederick County Extension Office at 540-665-5699 during business hours of 8 a.m. and 5 p.m.

*TDD number is (800) 828-1120

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