

FREDERICK COUNTY 4-H Newsletter



December 2022



Picture Of The Month

Greetings from the Frederick 4-H Office

Dear 4-H Members and Friends,

We hope everyone had a lovely Thanksgiving. We had a busy November with officer training, the Achievement Banquet, and the Winchester Holiday Parade. We enjoyed seeing everyone and the floats during the parade. So festive!

As we are nearing the end of the year, please keep a few things in mind; to participate in 4-H activities and projects you must be enrolled in 4-H, and enrollments are due December 31, 2022.

Please enroll at <https://v2.4honline.com/> If you have any questions about enrollment please reach out to the office at 540-665-5699

Here at the Frederick Extension Office, we wish everyone a wonderful holiday! The office will be closed on December 23, 26, and January 2. Please expect the next 4-H monthly newsletter in February!

Happy Holidays,



Spring Vasey
Associate Extension Agent, 4-H Development

Mark Your Calendar

December

3 - Steer Weigh and Tagging 8-11 A.M - Farmers Livestock Exchange
10 - Northwest District Intro to EquiSmartz
15 - Holiday Cookie Decorating Contest DUE
31- Newsletter Content DUE to Spring Vasey smvasey@vt.edu

January

9- Teen and CIT Camp Applications Due
17 - Leaders Association / County Council Meeting 6:30 PM
20 - DUE Food Art Contest Pictures email to jfost@vt.edu
25 - Frederick Camp Counselor Interviews
26 - Frederick Camp Counselor Interviews
31- Newsletter Content DUE to Spring Vasey smvasey@vt.edu

February

10-11 - Block and Bridle Hippology Contest and Judging Contest
10- DUE registration for Presentation / Fashion Revue Contest
15- Leaders and Volunteer Training, Time & Location TBD
17 - Presentation Contest / Fashion Revue 6:30 PM
17 - DUE Food Art Contest Pictures email to jfost@vt.edu
25-26 - Teen and Adult Leader Training (TALT)
24-25 - Block and Bridle Stockmens Contest and Livestock Judging
28- Newsletter Content DUE to Spring Vasey smvasey@vt.edu

March

4 - State 4-H and FFA Meats Evaluation Contest, Blacksburg
10- DUE registration for 4-H Talent Showcase (Share the Fun)
11- Northwest District 4-H Food Challenge Contest, Expoland (277 Expo Rd, Fishersville, VA 22939).
15- DUE EquiSmartz Entry deadline
16 - 4-H Talent Showcase (Share the Fun) Rehearsal 6:30 PM
17- 4-H Talent Showcase Contest (Share the Fun) 6:30 PM
18 - MC Stockmans Livestock Judging Contest - Harrisonburg, VA
29 - State 4-H/FFA Livestock Skillathon - Harrisonburg, VA
31- Newsletter Content DUE to Spring Vasey smvasey@vt.edu
31-4/2 -EquiSmartz, Lexington VA

April

2- EquiSmartz Contest, Lexington VA
18 - Leader Association and County Council Meeting 6:30 PM
14-19 - National 4-H Conference
TBD - Healthy Living Summit
28 - Newsletter Content DUE to Spring Vasey smvasey@vt.edu

May

1- 4-H Horse Declarations Online
13- Bike-A-Thon
13- District Horse Show
13- Livestock Weigh-in
20- Clarke & Frederick Beef Show
26- Summer Newsletter Content DUE to Spring Vasey smvasey@vt.edu

June

25-29 Frederick/Page 4-H Summer Camp

Updated Project Books

4-H Record Books give members an opportunity to reflect on their yearly work. They document their skill development and their learning experiences in a written report. 4-H members measure their achievements and growth in their total years in 4-H.

Here are the most updated record books. All record/project books will have rubrics included in them. Please review the rubrics to earn the most points as possible. Please use these new publications as you continue your 4-H year.

4-H Secretary's Record Book - Download [PDF](#)

More updated record books to come...

4-H Camp Counselor in Training (CIT) and Camp Counselor Applications Open

Every year, Frederick and Page County 4-H recruits bright, mature, and dedicated teenagers LIKE YOU to lead by example at Frederick-Page 4-H Camp, June 25-29, 2023. Counselors will work with a team of peers and adult volunteers to supervise children ages 9-13. Teen counselors often make a difference in the lives of younger campers with their energy, enthusiasm, and leadership skills, showcasing responsibility, and by being a friend to the campers. For these reasons, 4-H Camp teen counselors are valued for the important contributions that they can make to the 4-H camping program.

If you are interested in joining us at 4-H Camp as a Camp Counselor or CIT (Counselor in Training), Applications will be due by **Monday, January 9, 2023**. **Youth must be 14-19 years old to be consider as a CIT or teen Camp Counselor.**

Return BOTH the application and the signed job description to Frederick County Extension Office by January 9, 2023.

The forms can be typed, or handwritten, and then emailed, or mailed to the office.

[Cover Letter for CIT and Teen Leader Applications](#)

[Camp Counselor-In-Training Job Description](#)

[Camp Teen Counselor Job Description](#)

[PDF Fillable Counselor-In-Training Application](#)

[PDF Fillable Teen Counselor Application](#)

[PDF Fillable Reference Forms](#)

ALL Animal Science Exhibitor Requirements for 2023

- **All 4-H youth must be enrolled** in 4-H Online by December 31, 2022 to be eligible to participate in 4-H activities, contests, and shows for 2023
- **YQCA Requirement** - ALL FAIR EXHIBITORS must have this training in order to show or sell at the 2023 Frederick County Fair
- **Attendance Policy** - Livestock projects are learning projects. 4-H'ers or FFA members should learn basic life skills and increase their knowledge during these projects. 4-H'ers will be required to meet one of the following to ensure an increase in knowledge and basic life skills.
 - A) Attend six 4-H Club meetings.
 - B) Attend five 4-H Club meetings and participate in ONE County, District, or State Events.
 - C) Attend four 4-H Club meetings and participate in TWO County, District, or State Events.4-H Club leaders will let the Extension Office know if and when a 4-H'er has met these requirements between October 1 and July 20.
- **Fair Work Details** - 4-H and FFA members showing and selling Market Animals will be REQUIRED to contribute 2 HOURS to a Fair Work Detail at the fairgrounds. Exhibitors can attend ANY of the Fair Work Details which are held at the Frederick County Fairgrounds and are conducted by 4-H, FFA, and the Fair Association. Dates TBD
- **2 Potential Buyer Letters** - Exhibitors will need to write two new buyer letters to potential buys that need to be turned into the Frederick County Extension Office by June. The letter MUST BE STAMPED, ADDRESSED (blue or black ink) AND READY TO GO IN THE MAIL (Please do not seal the envelopes as we will be putting in a brochure to go along with your letter). We will add the potential new buyers to our master list in order to send passes and any other information. ****PLEASE CONTINUE TO SEND LETTERS TO PREVIOUS BUYERS ALSO!!****
- **Project Requirements** - The Frederick County Fair passed the following rule as of 2002: 4-H and FFA members showing and selling Market Animals at the Frederick County Fair will be REQUIRED to have their project books checked twice.
 - A) At least one week prior to the fair, either an Adult Club Leader, Agriculture Education Instructor, or Extension Agent will review project records and verify the projects as being up-to-date. If the project is NOT UP-TO-DATE when reviewed, the exhibitor may resubmit prior to the Monday of fair week. THIS IS A REQUIREMENT TO SHOW AND SELL IN THE CURRENT YEAR'S FAIR.
 - B) Once fair is over project books need to be completed and turned into

the Frederick County Extension Office by August 31, 2023 in order to show at next year's fair.

- **Livestock Exhibitor Code of Ethics signed**
- **Parent/Guardian Code of Conduct signed**

Leaders Association Fundraiser

The Frederick County 4-H Leaders Association is hosting a fundraiser to benefit 4-H member scholarships, contest awards, and programs. The Leaders Association promote the 4-H program, help plan 4-H county events, and encourage community support. These leaders help organize and develop our 4-H leaders. They are truly amazing.

The fundraiser will run from December 15, 2022 to February 15, 2023. We ask that you collect all clover copies (with the members name on each copy sold) along with the collected donations, as I will arrange a later date/time to pick-up your club fundraiser.

There will be a 1st, 2nd & 3rd place prize for the top 3 members that collected the highest dollar amount raised.

If you have any questions, please feel free to reach out to Becky Maynard at springerchic@yahoo.com or 540-247-4511

Clover Fundraiser [PDF](#)

Help us Color our Clover!

Coloring our clover will help support our local Frederick County Leaders Association in which gives back to local 4-H members.

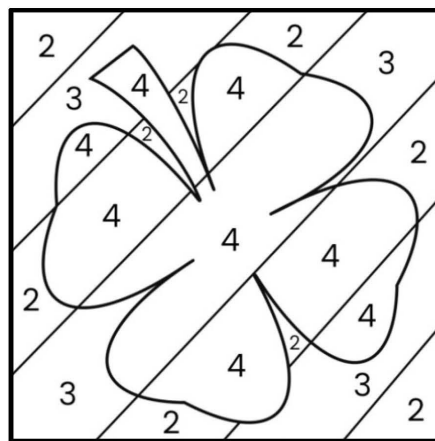
It's as easy as 1-2-3!

1. Each number coordinates to an amount of money
2. Pick a number or multiple numbers
3. Donate the money!
4. Each card will amount to a total of \$165.00

4 = \$20.00

3 = \$10.00

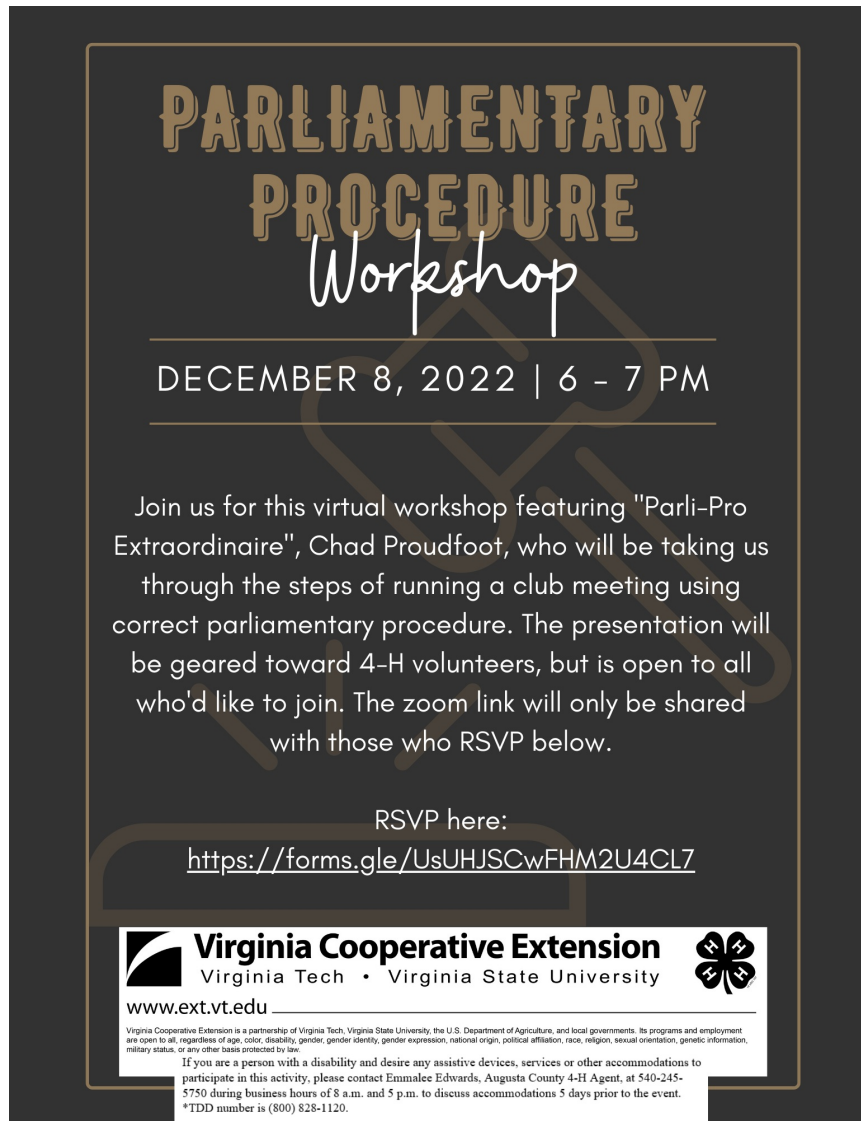
2 = \$5.00



4-H Zoom Volunteer Parliamentary Procedure with Chad Proudfoot

Chad is leading a virtual Parli-Pro workshop for our Augusta County 4-H Volunteers on December 8th, 6 pm – 7 pm, but I would like to invite your volunteers to join as well. If you have ag teachers in your county or Extension Faculty/Staff who would also like to join, please send them on. The more, the merrier!

Please RSVP at this form here: <https://forms.gle/vdoNwan8QbNrNm87>




**PARLIAMENTARY
PROCEDURE**
Workshop

DECEMBER 8, 2022 | 6 - 7 PM

Join us for this virtual workshop featuring "Parli-Pro Extraordinaire", Chad Proudfoot, who will be taking us through the steps of running a club meeting using correct parliamentary procedure. The presentation will be geared toward 4-H volunteers, but is open to all who'd like to join. The zoom link will only be shared with those who RSVP below.

RSVP here:
<https://forms.gle/UsUJSCwFHM2U4CL7>

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If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Emmalee Edwards, Augusta County 4-H Agent, at 540-245-5750 during business hours of 8 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event.
*TDD number is (800) 828-1120.

NSVMGA Scholarship

The Northern Shenandoah Valley Master Gardener Association annually awards up to six \$1,500 Memorial Scholarships to eligible graduating high school and home school seniors in the counties of Clarke, Frederick, Page, Shenandoah, and Warren and the City of Winchester.

Download the 2023 NSVMGA [Memorial Scholarship Application](#) for more information, including all eligibility criteria.

Deadline for application is March 31, 2023.

The scholarships are a memorial to those active NSVMGA Extension Master Gardeners who died during their volunteer service to the VCE Master Gardener program.

The NSVMGA Scholarship Review Committee will base awards on scholastic merit and stated requirements in the application form. Additional eligibility criteria include student volunteerism and membership in an agricultural, horticultural, or related science-based community service organization, such as FFA, 4-H, Humane Society, etc. and plans to attend an accredited college or university (two or four-year program) to pursue a degree that will lead to a career in an agriculture- or horticulture-related field.

Along with the application, letters of recommendation are required from a faculty member and volunteer-organization leader. In addition, students must provide a letter to the Scholarship Committee Chairperson that addresses why the student is deserving of the scholarship and goals the student has set for the future.

Recipients of the awards will be notified in May 2023.

Wayne Keffer Scholarship

The Virginia 4-H All Stars recognize select 4-H All Stars with several awards and a college scholarship annually. Two college scholarships are available this year.

Due December 31, 2022

[Wayne M. Keffer Memorial Scholarship Application](#)

Farm Credit Scholarship

The Farm Credit Foundation for Agricultural Advancement is now accepting applications for their 2023 scholarship program! This year, the Foundation will be awarding at least 10 students with up to \$10,000 to use towards their education.

The program is open to high school seniors or students currently enrolled in a trade school, college, or university who plan to work in agriculture and reside within Horizon Farm Credit's footprint. Visit FCFoundationForAg.org for all eligibility requirements.

Applications are due on Friday, January 6, 2023. If you have any questions, contact info@fcfoundationforag.org.

[Farm Credit Foundation for Agriculture Advancement](#)

Holiday Lake Nature Explorer's Weekend

Seasons greetings from Holiday Lake! Wanted to let everyone know, if you weren't already aware, that our Nature Explorer's Weekend the last weekend of January (formerly just called NRE weekend) is a statewide event. So please help

us spread the word to your 4-Hers! A flier is attached and the link to our website where they register is below.
<https://www.holidaylake4h.com/virginia-4-h-natural-resource-weekend.html>
Thanks, and let me know if you have any questions.

--

Jack Wagstaff
Natural Resource Education Coordinator
Holiday Lake 4-H Educational Center
1267 4-H Camp Road
Appomattox, VA 24522
(434) 248-5444
Check out our website:
<https://www.holidaylake4h.com/>

NATURE EXPLORER'S WEEKEND

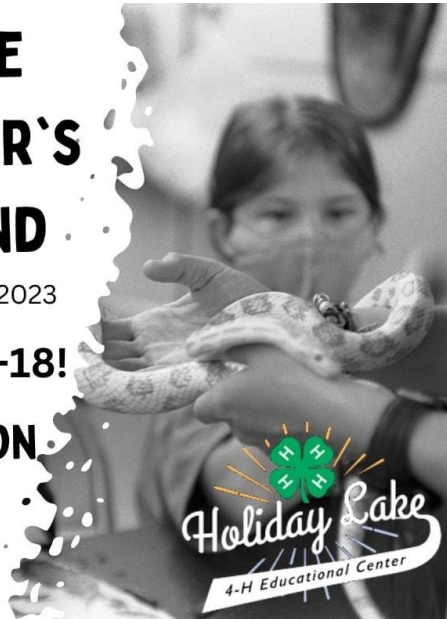
January 28-29, 2023

For ages 9-18!

REGISTRATION

OPEN

NOW



Buzz, Body, & Bites for Teens Newsletter

Buzz BODY & BITES for Teens

Buzz

Some ways you can show acts of kindness this month:

- Just saying it! A good "thank you" can go a long way to others.
- Write a letter or thank you note to someone who was kind to you!
- Give them a thoughtful gift! They will appreciate the specialness of getting or having something made just for them.
- Offer to help. Everyone may need assistance in different ways, and there is a chance you could support someone by helping them out!
- Pay it forward with an act of kindness in return!



Gratitude is the Key to a Happy Life

Written By: Gloria Alexander, 2022-2023 Virginia 4-H Healthy Living Ambassador

Thanksgiving is soon upon us! A time to be spent with family, friends, or whoever means the most to you. One important thing to remember about Thanksgiving, is that showing gratitude is a trademark of the holiday. Gratitude means being thankful for others, showing great appreciation, and a way to return kindness. So, what are some of the many ways you can show gratitude to the people around you? Options can range from saying a simple thank you to someone who held the door for you to making a nice meal for someone else. Showing gratitude has been connected directly to higher happiness levels, reduced stress, and improved relationships.



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USDA is an equal opportunity provider and employer. This material was partially funded by USDA's Supplemental Nutrition Assistance Program (SNAP) and was supported by Expanded Food Nutrition Education Program (EFNEP/FAE).

BITES

Eat Smart • Move More

Crustless Pumpkin Pie

Prep Time: 5 minutes Total Time: 10 minutes

Ingredients

Nonstick cooking spray
4 eggs, beaten and salted
1 can of pumpkin
2 ounces evaporated milk
1/2 cup sugar
2 teaspoons pumpkin pie spice
1 teaspoon vanilla extract
1/2 teaspoon salt

Nutrition Facts

Serving size 1 serving
Amount per serving 130 calories

Total Fat	15g	30%
Total Carb	20g	40%
Total Protein	10g	20%
Total Fat	15g	30%
Total Carb	20g	40%
Total Protein	10g	20%

Directions

- Heat oven to 400°F. Spray a pie pan with nonstick cooking spray.
- Add the eggs to the mixing bowl and beat together.
- Next, add the pumpkin, evaporated milk, sugar, pumpkin pie spice, vanilla, and salt. Mix until smooth.
- Pour into the pie pan and bake for 15 minutes.
- Turn the oven down to 325°F and bake for another 30 minutes or until the pie is set. Pie is done when a knife inserted in the center comes out clean.

BODY

Walking Gratitude

Written By: Eleni Kasianides, 2022-2023 Healthy Living Ambassador

This month, let's take a moment to appreciate our lives. Go on a walk without distractions and simply observe. Take a moment to reflect on this year and the important things in your life. Here are some prompts to get you started:

- What are five things you love about fall?
- What is something special that your walk features; perhaps that people from other areas may not have?
- Who are the most important people in your life? How can you show them appreciation?
- What are your Thanksgiving plans? How can you include time to be grateful?
- What are five objects that make you smile?
- What is one way you can show gratitude to your community this season?

Exercise Your Mind

Giving Thanks Word Find

W	G	E	W	G	E	W	G	H	T	L	A	E	H	E
A	N	Q	G	N	Q	P	O	L	I	T	E	S	N	Q
P	V	W	L	R	W	Y	V	W	L	V	W	R	V	Q
P	H	A	O	H	A	O	A	O	H	A	E	H	N	
R	G	I	P	G	I	T	G	D	P	G	I	N	S	I
E	J	O	I	C	O	I	E	O	I	J	O	N	S	V
C	G	T	H	A	N	K	S	F	K	L	P	A	E	I
I	N	H	T	R	L	S	I	L	U	I	O	M	N	G
A	I	A	C	I	Q	D	P	Q	A	L	Y	H	D	S
T	V	N	E	N	A	N	O	A	O	L	A	A	N	K
E	I	K	P	G	Z	E	I	Z	I	T	I	I	N	
E	G	F	S	S	U	S	I	U	M	E	I	S	E	K
R	Y	U	E	Y	X	R	A	X	R	Y	X	R	Y	H
F	T	L	R	T	D	F	T	D	F	T	D	F	T	T
C	R	J	C	R	E	D	U	T	I	T	A	R	G	J

- GIVING
- THANKS
- THANKSGIVING
- HOLIDAY

- GRATEFUL
- GRATITUDE
- KINDNESS
- CARING

- FAMILY
- FIRESIDE
- HEALTH
- APPRECIATE

- RESPECT
- THANKFUL
- POLITE
- MANNERS

Resources

Virginia 4-H | Facebook
www.facebook.com/Virginia4HStateOffice

Virginia Family Nutrition Program
safermovemoreva.org
www.facebook.com/VaFNP

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[BBB for Teens November 2022](#)

Virginia 4-H and Friends Alumni Newsletter

On behalf of Jeremy Johnson and CALS Advancement, we are excited to launch our new 4-H Alumni and Friends Engagement Newsletter. The goal of this quarterly newsletter is to connect and engage our valued constituents with the accomplishments, stories and programming within Virginia 4-H, including our alumni.

We ask that you share this with your 4-H volunteers, donors, and alumni that you have within your unit to help us build our network of supporters.

Open the newsletter [HERE: 4-H Alumni and Friends Newsletter](#)

4-H Online Enrollment

Due Dec.31.2022



The 4-H Online 2.0 system (v2.4honline.com) is open for enrollment. Below are some tip sheets for those who are re-enrolling and those members/volunteers that are new.

NOTE: To all new and current volunteers, make sure you are enrolling as the right volunteer type, below are the volunteer descriptions sheet and volunteer levels sheet.

New Volunteers – You will be contacted to set up an interview with Spring Vasey, make sure you have three references listed along with an email and a background screening as a new volunteer.

Everyone must enroll who are participating in a club, plan to show and compete with animals, or compete at county, district, or state events!!!

If you have any issues or questions please contact the office at 540-665-5699. If you have questions about volunteering and which volunteer type you should choose please contact the office before enrolling.

[How to Enroll New Youth in 4-H Online 2.0](#)

[How to Enroll a New Volunteer in 4-H Online 2.0](#)

[Family Re-Enrollment Tip Sheet](#)

[Volunteer Levels and Descriptions](#)

[Virginia 4-H Project Descriptions -2021](#)

[Frederick County 4-H Brochure](#)

Rabbit Workshop

RABBIT 101

COME JOIN US FOR A WORKSHOP TO
LEARN ALL ABOUT RABBITS!

- LEARN ABOUT HOW TO CARE FOR RABBITS
- LEARN ABOUT HOW TO SHOW YOUR RABBIT AT THE FAIR
- MEET OUR RABBITS IN PERSON
- MEET FFA AND 4H MEMBERS WHO HAVE BEEN SHOWING AND BREEDING THEIR RABBITS



471 WHITE OAK ROAD, WHITE POST, VA 22663

If you have questions about this Rabbit Workshop, please contact Brooke Sigler
blsfletch@gmail.com

Holiday Cookie Decorating Contest



4-H COOKIE DECORATING CONTEST! All pictures are due by 5 p.m. on December 15. Please email pictures to jfost@vt.edu & smvasey@vt.edu

Tis the season for holiday fun! We have an opportunity for all of our 4-H'ers to participate in a Cookie Decorating Contest. There will be 1st, 2nd, 3rd place winners chosen in Junior, Intermediate and Senior levels. Showcase your creativity with some silly, artsy, wintery decorations.

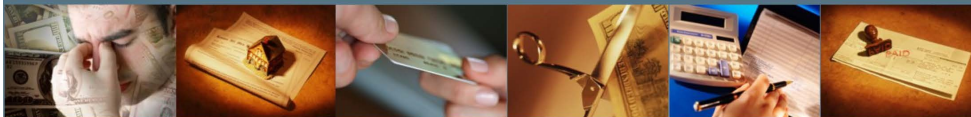
We will be posting the decorated cookies on our Facebook page as well as contest winners. All pictures are due by 5 p.m. on December 15.

Check out the links below for holiday craft and cookie ideas!

<https://4-h.org/wp-content/uploads/2020/11/4H-at-Home-Holiday-Activity-Guide-2020.pdf>

<https://4-h.org/wp-content/uploads/2020/11/4H-at-Home-Holiday-Cookie-Recipes.pdf>

Managing Your Money Series



Managing Your Money Series

- Session 1: Personal Finances**
Session 2: Understanding Credit
Session 3: Developing a Spending & Savings Plan
Session 4: Traditional & Non-Traditional Banking
Session 5: Insurance and Recordkeeping
Session 6: Getting Out of Debt (optional)

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate, please contact Karen Poff at 540-635-4549 or through your local office of Virginia Cooperative Extension to discuss accommodations at least five business days prior to the event. *TDD number is (800) 828-1120.

THE FEE FOR THE ENTIRE SERIES IS \$20.00. SCHOLARSHIPS ARE AVAILABLE.

See other side for more details or call our Warren County office at 540-635-4549 or your local office with questions:
Clarke VCE—955-5164 / Frederick VCE—665-5699 / Page VCE—778-5794 / Shenandoah VCE—459-6140



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Managing Your Money Series Registration Form and Information All Counties—Fall 2022

We do not send registration confirmations. Feel free to e-mail kpoff@vt.edu or call 540-635-4549 to verify that you are registered.

<input checked="" type="checkbox"/>	Dates	Location	Time
<input type="checkbox"/>	Mondays, November 7 to December 12	Warren County Sheriff's Office Community Room 200 Skyline Vista Drive, Front Royal, VA 22630	6:00-8:00 p.m.
<input type="checkbox"/>	Tuesdays, November 1 to December 6	Page Memorial Hospital (Board Room) 200 Memorial Drive, Luray, VA 22835	6:00-8:00 p.m.
<input type="checkbox"/>	Wednesdays, November 2 to December 7	Shenandoah County Government Center (Room 100-A) 600 North Main Street, Woodstock, VA 22664	6:00-8:00 p.m.
<input type="checkbox"/>	Thursdays, November 3 to December 15 (No class on Thanksgiving.)	Our Health (Eagles Board Room) 329 North Cameron Street, Winchester, VA 22601	12:30-2:30 p.m.
PLEASE BE SURE TO CHECK WHICH DATES/LOCATION YOU WILL ATTEND IN THE LEFT COLUMN ABOVE.			
Register ONLINE at (QR Code on Front Side): https://tinyurl.com/MYMFall2022 Please register 3 business days in advance. <i>We do not issue refunds, but we can transfer registrations to another person or a future series.</i>		OR Mail your form and payment/voucher to: VCE-Warren County 220 North Commerce Avenue, Suite 500 Front Royal, VA 22630.	
		For information about future classes, sign up for our coming events e-mail list at: http://tinyurl.com/nsvfepemails .	

NOTE: You must register ONLINE to pay with a debit/credit card.

Name (Please Print Everything Clearly) _____

Mailing Address _____

City, State, Zip _____

Phone Number _____

E-Mail Address, If You Have One (To Communicate About Class) _____

_____ I have enclosed a check, or a money order for \$20. (Make checks or money orders payable to TREASURER, VIRGINIA TECH. There is a \$50 charge for returned checks.)

_____ I will bring exactly \$20 cash, check, or money order to Session 1.

_____ My employer/organization is paying my registration fee. (List organization name, contact person, and contact phone below.)

_____ I have a voucher or I am requesting a scholarship.

_____ I am a previous participant and don't need a new notebook (free).

The fall Managing Your Money class schedule is ready and the flyer is attached. We will offer classes in Front Royal, Luray, Winchester, and Woodstock. Please help to spread the word in your counties wherever you can.

The Facebook post is here:

<https://www.facebook.com/nsvfinancialeducation/posts/pfbid0224QFKyexhJF9gwXMcJ5gkuFJSQUHPbTspP8gd9AUNhbtbjLdyqXosm8spPcY1aUI>

If you have the opportunity to share the post with your friends, on pages or in groups, comment on it, or interact with it, that would help it gain 'traction.'

Thanks for helping to get this information to anyone who might be interested!

Karen

Karen Lynn Poff, MPA, AFC®, Senior Extension Agent, Family and Consumer Sciences

Virginia Cooperative Extension – Warren County Office, 220 North Commerce Avenue, Suite 500, Front Royal, VA 22630-3495

Phone: 540/635-4549 Work Cell: 540/750-6426 Fax: 540/635-2827 E-mail: kpoff@vt.edu

Sign Up for Our Upcoming Programs E-mail List: <http://eepurl.com/bYpm9j>

Club News

Congratulations to our Livestock Group!

I would like to shout from the roof tops the results of the National Skillathon Contest held in Louisville KY.... **Our team was named the Reserve Champion Team Overall!**

Please join me in congratulating them! So proud of how all 5 contributed to this well deserved title!

This contest is similar to our state contest but on steroids. The individual contest consist of the following stations that must be completed in 15 minutes: 15 retail cuts for meat id with species, primal and retail; 20 breed id with separate description; 30 equipment id; 30 question test; hay and wool judging both with questions; and a quality assurance problem. The team portion stations were labeled as Meats & Carcass Eval, Quality Assurance, Animal Breeding, Management Performance & Marketing, Livestock Feeding, and Reproduction. Each station had at least 4-5 different components. They had 18 minutes to complete and in many cases make oral presentations to the judges.

Team Awards

2nd Overall

1st in all team activities (no separate division announced for this ...just so dang proud of them for this!)

3rd in Identification

3rd in Evaluation

4th in Quality Assurance

Individual Awards

Marie-Claire 3rd Overall, 2nd Identification All American Status

Becca Stout- 17th Overall, 5th Quality Assurance All American Status

Ellie Vincent – 22nd Overall

Kennah Kerns- 28th Overall

Keller Cooley- alternate

CONGRATULATIONS!!



Golden Horseshoe

Submitted by Ethan Ferris, Club Reporter

During our November monthly meeting, members Kayden Rudolph and Rachel Fahnestock brought their rabbits and spoke to Golden Horseshoes about showing rabbits competitively. They shared a lot of information and even showed us how different rabbits should be positioned when being shown. A favorite part of the meeting was when they allowed club members to hold and cuddle their rabbits. Thank you to both Rachel and Kayden for sharing your rabbit knowledge with us.

Many of our members attended the Frederick County Achievement Banquet. Molly Maynard and Ethan Ferris emceed the evening, introducing speakers and handing out awards. As a club, Golden Horseshoes earned a gold charter seal and Club of the Year; while individually, Marleigh DeHaven earned Outstanding Junior and Rachel Fahnestock earned Outstanding 1st Year Member. A lot of our members earned 50% participation awards, project book pins, and certificates for horse judging and hippology. We are so proud of all of our members!

Officer training was well attended by Golden Horseshoes. Lily Carter, Emily Boswell, Marleigh DeHaven, Molly Maynard, Maggie Maynard, Alexis Brown, Rachel Fahnestock, and Ethan Ferris attended to learn more about their positions and how to better their club as an officer. There were some ice breaker games and an ice cream social before moving into the parliamentary procedure and officer training part of the evening. Alexis and Molly lead the president breakout session, while our other members attended the session of their respective office.

In non-Golden Horseshoe related news, this month some of our members traveled to New River Valley Rabbit Club to compete in a rabbit show and did very well; congratulations to Kayden and Rachel for their placings. Also, Lily Carter earned the Golden Eagle award for outstanding student, an AB Honor Roll award, and a Perfect Attendance award at Gainsboro Elementary School. Well done, Lily!

Shooting Education

Submitted by Colton Anderson

The club had archery practice and air rifle, air pistol, and BB practice.

Friday, October 14th, the club members attended a fun event at Hill High Farm. Two brave souls, Jeremiah Clark and Briella Cobb went through the haunted house and the rest had fun in

the corn maze.

On Saturday, October 22nd, the club put on a very successful bingo at the Gainesboro fire. In addition to the bingo game with great prize baskets, the club had a silent auction and a huge pumpkin guessing game.

On Sunday, October 23rd, club members gathered at the Gainesboro Neighborhood Park to assemble and decorate a hay bale for the hay bale contest. The idea was to have the hay bale look like a mason jar full of fireflies.

On Thursday, November 10th, the county held Officer Training at the Farm Credit Training Room.

They had fun and learned a lot.

On Sunday November 13th, the 4-H Achievement Banquet was held at Winchester Church of God. Our Club had some great achievements.

Jaeger Arzola was the outstanding first year member.

Colton Anderson was the outstanding junior member.

Haley Bossi was the outstanding senior member.

Jeremiah Clark got recognized for an outstanding record book

Aiden Ockerman got the outstanding Secretary book.

The club swept the food plot awards - Braeden Cobb 1st, Jeremiah Clark 2nd and Colton Anderson 3rd.

Esther Cobb, Courtney and Josh Cobb and Cristi and Lylle Griffin were recognized for 5 years of volunteerism. Julie Shoemaker was recognized for 10 years!

Our Club received the GOLD Charter Seal.



Soaring Arrows

Submitted by Ethan Ferris, Club Reporter

Betty Sue Unger from Operation Remember attended our November meeting and spoke to us about what the organization does. We learned that Operation Remember is a 100% volunteer and donation run non-profit dedicated to bringing smiles to people in nursing homes and assisted living facilities. They spend the year collecting items through the generosity of others and gift those items to residents. Our club was happy to collect a lot of requested supplies to donate to this great organization and gave them to Ms. Unger when she visited. The rest of our meeting was spent making Christmas cards, painting pinecone Christmas trees, and creating decorations for veterans at the Martinsburg VA Hospital. After our meeting, we held our second game day featuring Hedbanz and Suspend.

Congratulations to club members Lorelei O'Neal and Emma Lloyd for being selected for the Virginia 4-H Equity and Inclusion Task Force. We look forward to seeing them work towards making the best better- for all!

Livestock Club

Submitted by Yardley Lockridge, Club Reporter

At 6:45 pm the meeting was called to order by our President, Emma Wisecarver. We discussed old and new business. We talked about the upcoming, mandatory steer weigh in at the Farmer's Livestock Exchange on December 3rd from 8-10 am. Then, we had scales to show everyone the starting and ending weight of our animals. After that, we split up in groups and wrote "Thank you" notes from fair time. Everyone learned a lot and I cannot wait for the next meeting.

Attention Clubs:

If you would like to share information with Frederick County 4-H families, please send in club reports, club news, events, spotlights, awards or recognition, county events, etc.

Please email information to smvasey@vt.edu by the end of the month for the information to be added to the following month's newsletter.

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